

# Trinity Road Primary School – Spring 2020 – Week 1

## Option 1

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Option 1</b>	Pepperoni Pizza served with Mixed Salad and Pasta Salad	Creamy Chicken & Ham Pasta served with Garden Peas	Roast Chicken with Sage & Onion Stuffing served with Roast Potatoes, Seasonal Fresh Vegetables & Gravy	Pork Meatballs in a Sweet Tomato Sauce served with Wholegrain Vegetable Rice	MSC Battered Cod served with Oven Chips and Baked Beans
<b>Option 2</b>	Cheese & Tomato Pizza served with Mixed Salad and Pasta Salad	Tomato & Red Lentil Pasta served with Garden Peas	Cheese & Caramelised Red Onion Quiche served with Roasted Potatoes and Seasonal Vegetables	Butternut Squash, Sweet Potato & Chickpea Casserole served with Wholegrain Vegetable Rice	Quorn Sausage Roll served with Oven Chips and Baked Beans
<b>Dessert</b>	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or Chocolate Chip Cookies	Freshly Cut Fruit or Frozen Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or Fruit Jelly	Freshly Cut Fruit or Organic Fruit Yoghurt or Cherry Muffins

Week commencing - 20th April, 11th May, 8th June, 29th June, 7th September, 28th September and 19th October

*All of our meat is Farm Assured and is locally sourced. Our fish is Marine Stewardship Council approved.*

Available Daily ...  
Jacket Potato with filling  
Wholemeal bread  
Choice of salads  
Water



This QR code can be read by any barcode scanner app on your smart phone to access the allergen and nutritional data.  
Or visit <http://j.mp/38vvs0d>

**ASHLYNS**  
High Laver Hall, Ongar, Essex, CM5 0DU  
Tel: 01277 890411/821 Fax: 0871 431 0608  
E-mail: [info@ashlyns.co.uk](mailto:info@ashlyns.co.uk) [www.ashlyns.co.uk](http://www.ashlyns.co.uk)

# Trinity Road Primary School - Spring 2020 - Week 2

**Option 1**

**Option 2**

**Dessert**

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Salmon, Red Pepper and Tomato Pasta served with a Mixed Salad	Chinese Chicken Thigh served with Wholegrain Rice, Peas & Sweetcorn	Roast Gammon served with Roast Potatoes, Seasonal Fresh Vegetables & Gravy	Ashlyns Beef Burger in a Bun served with New Potatoes & Baked Beans	MSC Fish Fingers served with Oven Chips and Garden Peas
Option 2	Macaroni Cheese served with a Mixed Salad	Chickpea & Vegetable Curry served with Wholegrain Rice, Peas & Sweetcorn	Courgette & Feta Cheese Frittata served with Roast Potatoes, Seasonal Fresh Vegetables & Gravy	Meat Free Burger in a Bun served with New Potatoes & Baked Beans	Sweet Potato & Lentil Risotto served with Garden Peas
Dessert	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or Vanilla Shortbread	Freshly Cut Fruit or Organic Fruit Yoghurt or Ice Cream	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or Banana & Chocolate Chip Sponge

Week commencing - 27th April, 18th May, 15th June, 6th July, 14th September and 5th October

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Available Daily ...  
Jacket Potato with filling  
Wholemeal bread  
Choice of salads  
Water



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Or visit <http://j.mp/2vRoRjp>

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# Trinity Road Primary School - Spring 2020 - Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Beef Bolognese served with Wholemeal Pasta and Green Beans	All Day Breakfast	Roast Beef & Yorkshire Pudding served with Roast Potatoes, Seasonal Vegetables & Gravy	Mild Chicken Fajitas served with a choice from the Salad Bar including Rice & Pasta Salads	MSC Fish Fingers served with Oven Chips and Garden Peas
Option 2	Vegetable & Lentil Bolognese served with Wholemeal Pasta and Green Beans	Vegetarian All Day Breakfast	Vegetable & Lentil Strudel served with Roast Potatoes, Seasonal Vegetables & Gravy	Vegetable & Bean Burrito served with a choice from the Salad Bar including Rice & Pasta Salads	Spanish Omelette served with Oven Chips and Garden Peas
Dessert	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or Oat Cookie	Freshly Cut Fruit or Organic Fruit Yoghurt or Frozen Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or Chocolate Sponge & Chocolate Sauce

Week commencing - 4th May, 1st June, 22nd June, 13th July, 21st September and 12th October

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Available Daily ...  
Jacket Potato with filling  
Wholemeal bread  
Choice of salads  
Water



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Or visit <http://j.mp/38DtgUy>

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E-mail: [info@ashlyns.co.uk](mailto:info@ashlyns.co.uk) [www.ashlyns.co.uk](http://www.ashlyns.co.uk)

