

Friday, 16th April 2021

Dear parents and carers,

Relationship and PSHE

This term, the children will be undertaking appropriate, age-related lessons about their bodies and growing up. This forms both part of the national science curriculum and the new statutory relationship and health curriculum. Due to lockdown last year, many children have missed these essential lessons being taught in the classroom with accompanying resources some of which, have been approved by the PSHE Association.

The table on the reverse outlines what is being taught in each phase.

Our Relationship and PSHE Policy can be found on our school website for further information. If you would like to discuss these upcoming lessons, please contact your child's class teacher or Miss Finch.

Many thanks,

Miss Finch
Class teacher (PSHE Lead)

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	Statutory - covered in relationship and health or science curriculum	Non-statutory	Rationale
EYFS	<ul style="list-style-type: none"> Identify similarities and differences in objects, materials and living things 		
Year 1/2	<ul style="list-style-type: none"> Using scientific words to name body parts Comparing girls and boys Describing what changes happen as we grow older – e.g. wrinkles, grey hair, using a walking stick Understanding grownups have children 		Children will be able to name their body parts including penis and vagina. This is an essential element to safeguarding as we give the children vocabulary to explain what is happening to their bodies.
Year 3/4	<ul style="list-style-type: none"> Recognising changes in girls and boys during puberty The menstrual cycle (end of year 4) 		We are aware that children are starting puberty at an earlier age and it is not uncommon for girls to start their periods in year 5 or earlier.
Year 5/6	<ul style="list-style-type: none"> Identifying body changes in boys (recap) Changes in girls including the menstrual cycle (recap) Natural conception of a baby and birth Mental health during puberty 	<ul style="list-style-type: none"> Concept of contraception and common forms How twins are created (identical and non-identical) Supported ways of conceiving a baby or becoming parents – adoption, IVF and surrogacy Response to children's questions within these parameters 	We will be discussing other ways to conceive a baby or become parents apart from sexual intercourse. This is part of our inclusive approach to the curriculum. We do not want the children to have the misconception that sexual intercourse will always result in a baby, so we will touch upon contraception. Many children have an awareness of how a baby is conceived or prevented so we are providing children with accurate knowledge and understanding.