

Monday, 12th April 2021

Dear Parents/Carers,

Sustrans Big Pedal 2021

Trinity Road is taking part in Sustrans Big Pedal 2021, the UK's largest inter-school cycling, walking, wheeling and scooting challenge. The challenge runs from 19 April to 30 April. It's free and we would love everyone to be involved.

What do you need to do?

Encourage your child to take active journeys to school on as many days as possible during the event and join them on their way. If your child is learning from home, encourage them to do physical activity on as many days as possible instead.

What will school do?

- The event will be promoted within school
- We will record all the active journeys every day for each class
- The class with the most active journeys will receive a reward each week
- Teachers will deliver lessons on road safety and staying active

Why are we taking part?

Sustrans Big Pedal is a great way to get children active, which is important for physical health and mental wellbeing.

Active school runs also help to reduce congestion and air pollution outside the school gate.

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Covid-19 has made active travel to school is even more important. The Department for Education have said encouraging active travel to school helps “to enable pupils to be physically active while encouraging physical distancing.”

Plus, there are some great prizes to be won every day if we get enough children taking part!

Useful resources

To help you prepare, Sustrans has developed a handy free guide packed with advice, games and challenges to help you have hassle-free cycle, walk or scoot to school. [Download your free family guide](https://www.sustrans.org.uk/sign-up-to-receive-your-free-family-guide/) using this link: <https://www.sustrans.org.uk/sign-up-to-receive-your-free-family-guide/>

For more information about the event go to www.bigpedal.org.uk.

Miss Finch

Class teacher

